

# Minamiaso Caldera Trail

## 南阿蘇カルデラトレイル

Sunday 12/17/2023

Venue: Kumamoto Open-Air Theater Aspecta

(4411-9 Hisaishi, Minamiaso-mura, Aso-gun, Kumamoto)

Organizer : Minamiaso Caldera Trail Executive Committee

Co-Organizer : General Incorporated Association Minamiaso Tourism Bureau,  
ASOFieldsRunning Executive Committee

Support : Minamiaso village

Cooperation : Minamiaso Farm Camp,  
Minamiaso Sakura Park Management Association

Planning and Operation : LocalGain Co., Ltd.

### ● Introduction

Thank you very much for participating in the 7th Minamiaso Caldera Trail. The primary goal of this event is to promote the local community of Minamiaso Village. The inaugural event took place in January 2021, and since then, it has been held twice a year—in both summer and winter. We plan to continue hosting this event, providing an opportunity for participants to challenge themselves and engage with a diverse community of trail runners, ranging from beginners to advanced.

We aim for it to be a cherished event, embraced by participants for years to come. We hope you thoroughly enjoy the magnificent nature of the caldera, a landscape that transforms with the changing seasons.

### ● Schedule

Time	schedule
6:00	50km start ※Limited to 10 hours
7:30	Opening ceremony
8:00	30km start ※Limited to 8 hours
8:30	18km start ※Limited to 6 hours 30 minutes
9:00	2km start
10:00	2km Awards Ceremony (tentative)
12:00	18km Awards Ceremony (tentative)
13:30	30km Awards Ceremony (tentative)
14:30	50km Awards Ceremony (tentative)
15:00	18km finish time limit
16:00	50km/30km finish time limit

\*Please arrive at the "Overseas Athletes Registration" area at least 30 minutes before the start of each competition. We will ask for your name and provide you with a number.

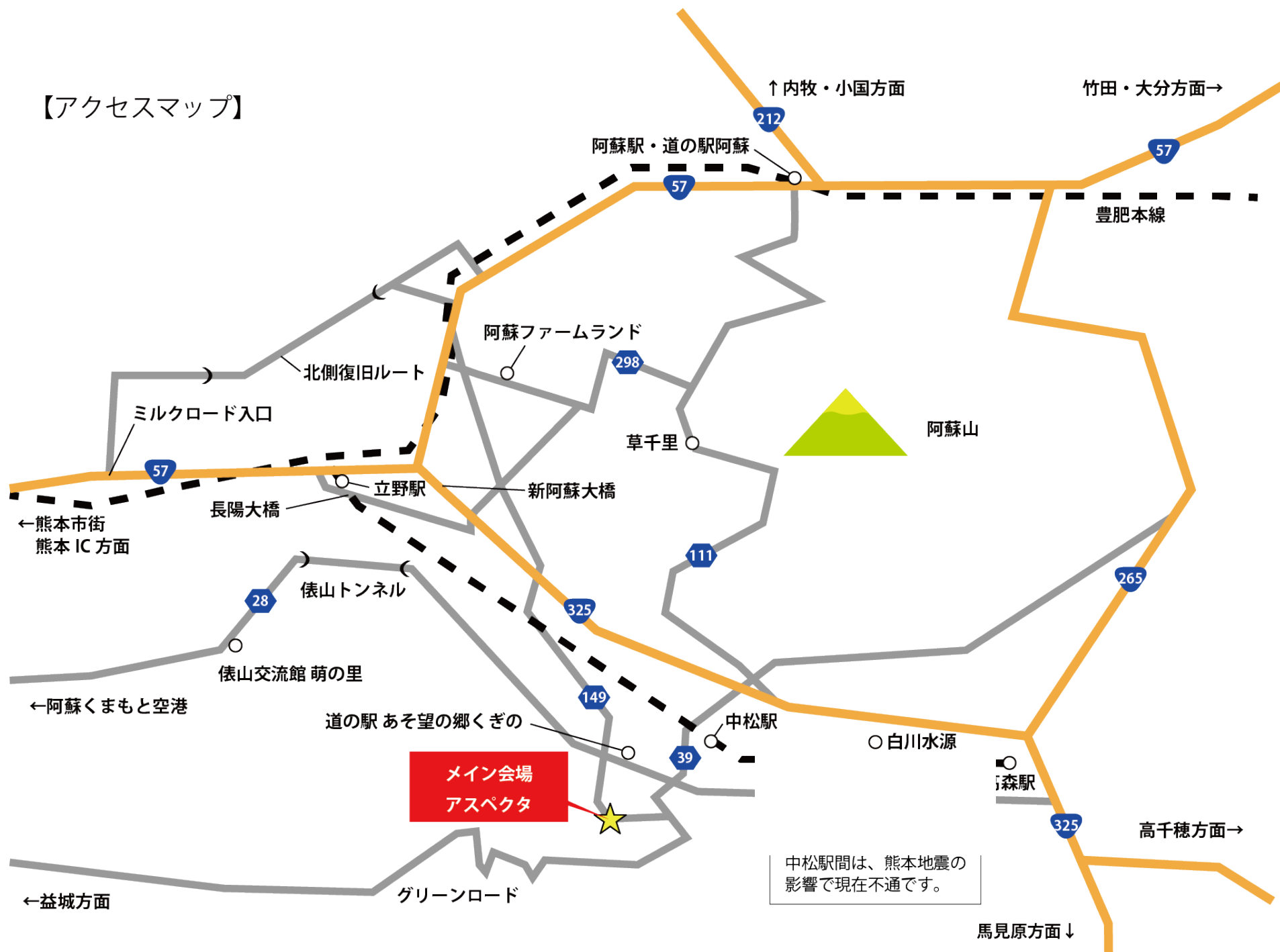
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### ●Directions

 Approximately 50 minutes (35 km) from Kumamoto IC on the Kyushu Expressway

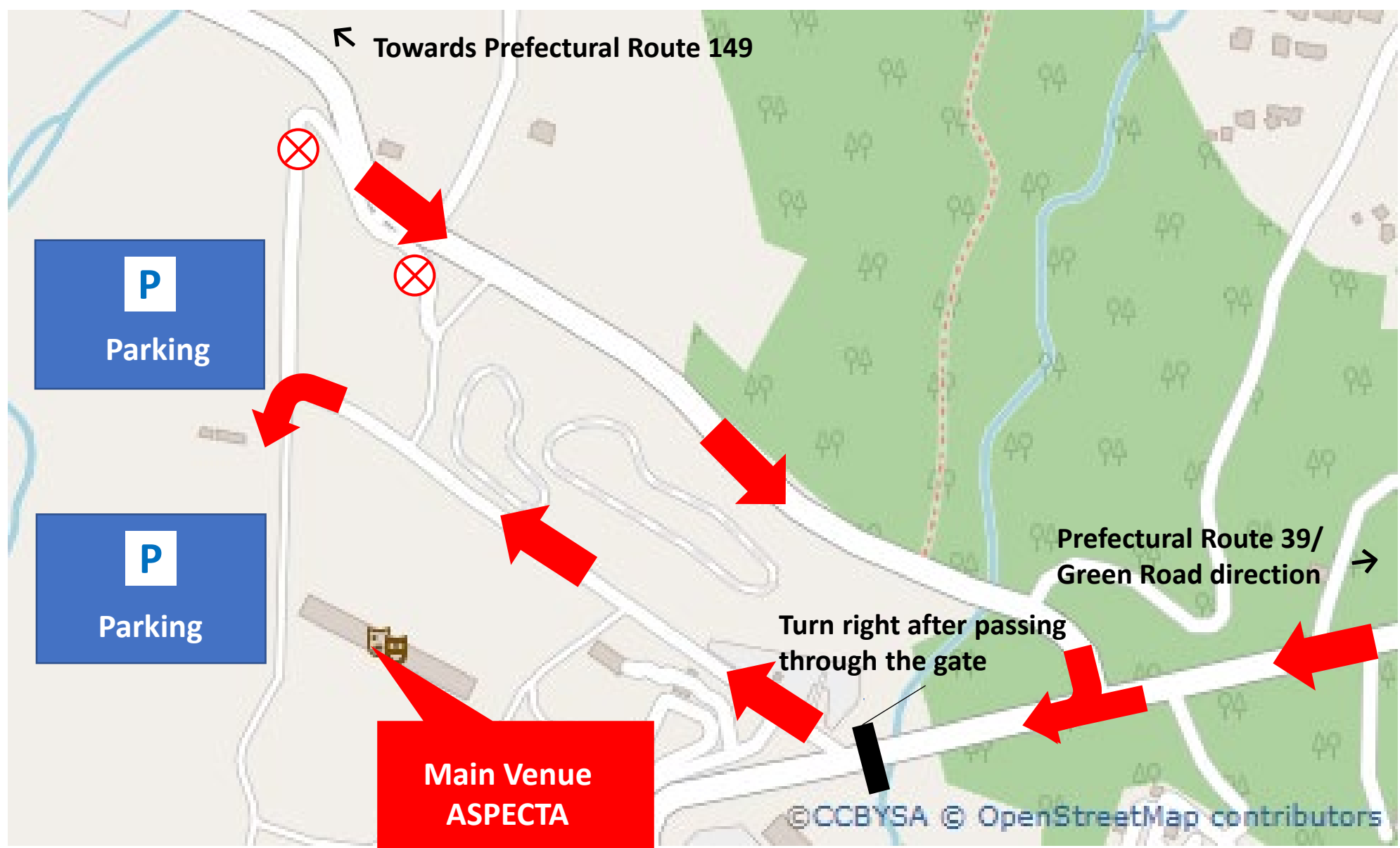
【アクセスマップ】



### ●Map around the main venue

Parking (free) is available from 4:30 AM.

\*Closed at night, no overnight parking allowed.



## ●Omission of Reception

In order to reduce congestion, there will be no registration desk for this event  
If you do not run on the race day, there is no need to return it.

## ●About prizes

- Participation prizes will be handed out after finishing. Refreshments will also be provided after finishing.
- For those receiving only participation prizes due to DNS (not participating on the day), they will be given at GATE B from 10:00 AM to 4:00 PM. Please present your bib to the staff.
- However, please note that we will not send them later (including forgetting to pick them up).

## Required equipment

All participants must carry required equipment at all times. Failure to do so results in disqualification..

### ▼For the 50km, 30km, and 18km courses, always carry

- (1) Water & Food: According to personal needs \*Beginners are requested to bring at least 500ml of water
- (2) Cold weather gear (Rain Gear): Mountains can be nearly 10° C colder than plains
- (3) Gloves: For hand protection and warmth. Fingerless gloves are not allowed.
- (4) Course Map: Printed map or smartphone app with imported GPS log.
- (5) Personal cup: Paper cups are not provided for resource conservation.
- (6) Mobile phone: In case of emergency, contact the emergency number listed on the bib.
- (7) Emergency Sheet (Aluminum Sheet): 130cm x 200cm or larger  
<50km only>
- (8) Headlight: Mobile phone lights are not allowed
- (9) Mobile Battery

\*Trail running poles are prohibited on all courses for vegetation protection.\*.

## ●How to Wear Bib Numbers

Wear the bib number horizontally on your chest or stomach.  
Note that the IC tag for measurement is attached to the bib.  
Wearing it incorrectly may affect accurate measurements.  
Safety pins are not included for resource conservation.  
Please use commercially available bib fasteners or bib belts,  
or safety pins at home. Safety pins will be distributed at the  
reception venue for those who absolutely need them.

着用例



ウェアの胸部 / 腹部  
取り付ける



ゼッケンベルト



パンツに取り付ける



小さく折りたたむ



## ●Course Information

Course tape markers (white) will be placed at approximately 100m intervals.

- At junctions or unclear points, multiple tapes will be placed, and arrow signs and guide staff will indicate the course.
- In addition, arrow signs and guidance staff will direct you along the course.
- Be attentive to avoid losing sight of markers while running.
- If you cannot find course tape for more than 5 minutes, you may be off course. Quickly return to the last known point and rejoin the course.
- The course includes specially protected areas in national parks: please don't litter or step off the course.

Multiple tape



## ●Aid Stations and Gate (50km, 30km, 18km)

- Aid stations providing drinks and refreshments will be set up at 4 locations for 50km, 2 locations for 30km, and 1 location for 18km.
- Paper cups will not be provided. Please bring your own cup or bottle.
- Each aid station has a set checkpoint time, and participants must depart by that time. Participants arriving at an aid station after the checkpoint time or unable to leave after the checkpoint time will have their competition concluded on the spot and will be transported to the main venue by the event vehicle.

## ●Record Measurement

- Measurement will be done with the IC tag attached to the bib. Please adhere to the specified attachment method and do not remove it until the end of the competition. The IC tag and bib do not need to be returned after the competition.
- Finish certificates are planned to be issued online. After finishing, you can download your certificate by clicking on your name on the event website's results page.

## ● Awards

- 50km, 30km, 18km: The top 3 in each category (male and female) will receive awards and prizes.
- 2km: The top 3 in each category (elementary school, middle school, and high school and above, for both male and female) will be awarded certificates. No prizes will be provided.

## ●Retirement (DNF)

- As the course is mostly on trails (mountain paths and promenades), the only points accessible by vehicle are the aid stations. Please consider your ability to move independently to the next aid station or the finish line when deciding to retire.
- If you must retire, please inform the nearest staff or contact the event headquarters by phone and follow their instructions. In case of no contact, a search party may be dispatched, and search expenses are at your own cost.
- If you are unable to move due to injury or illness during the race, please inform the nearest staff or event headquarters and follow their instructions. If you find a participant unable to move or in poor health during the race, please stop running, cooperate with the race headquarters, and assist in the rescue.

## ●Personal Accident Insurance

Injuries caused by falls, heat stroke, hypothermia, acute heart disease, etc. during the event will be covered by the accident insurance taken out by the organizer.

【Amount of compensation】

Death and permanent disability: 2,000,000 yen

Hospitalization(admit): 2,500 yen/day

Hospitalization(visit): 1,500 yen/day

Medical examinations due to pre-existing medical conditions and search and rescue expenses in the event of distress are not covered. Since search and rescue expenses can be expensive, we strongly recommend that trail runners and climbers purchase individual mountain insurance on a daily basis. Mountain rescue insurance/ Hiking insurance / Search and rescue insurance.

## ●Event Postponement or Cancellation

If the organizer deems it difficult to hold or continue the event for any of the reasons listed below, the organizer may decide to cancel the event or change the course or other competition details. The organizers may decide to postpone or cancel the event, or change the course or other event details, for any

- In the event of adverse weather warnings
- In the event of a cliff collapse or falling rocks along the course, etc., when it is deemed impossible to ensure the safety of runners
- In the event of a disaster (when the "Kyushu Earthquake Early Warning" or "Kyushu Earthquake Prediction Information" warning is issued)
- In the event of a major earthquake near the course, or in the event of a "weather warning" or "landslide warning" for heavy rain or wind storms in the surrounding area of the following reasons.

In the event of a decision to cancel the event, a notice will be posted on the event website. Please refrain from making inquiries by phone. If a decision is made to cancel or change the event during the race, information will be announced at each aid station. Please note that entry fees will not be refunded in the event that the race is cancelled.

## ▼Event Website

[https://local-gain.com/minamiaso\\_trail/](https://local-gain.com/minamiaso_trail/)

## ●Guide to Sales Outlets (Planned)

There will be food and drink stalls at the venue. Please take the opportunity to enjoy them!

- (1) Minamiaso Shizenha Soft: Soft serve ice cream, tapioca, crepes
- (2) Dagomaru Spice • • • • Horse keema curry, Aso butter chicken curry, churros, Takamori craft cola, Minami Aso lemongrass ginger
- (3) FLAVOR • • • • Grilled pork and beef tripe, Horusoba, Takoyaki, Long Potato, Lemon Squash
- 4) Hem • • • • Takamori hot dog
- (5) COSMOS CAFE • • • • Drip coffee, cocoa, baked sweets

Stores and products are subject to change.



【Contact for Inquiries】

Minamiaso Caldera Trail Competition Secretariat

LocalGain Inc.

E-mail: [info@local-gain.com](mailto:info@local-gain.com)

Please mention "Minamiaso Caldera Trail" when making inquiries.